



Fighting Heart Disease and Stroke

COME JOIN MSJ'S TEAM FOR THE 50TH HEART MINI!

WHEN: Sunday, March 14th

WHERE: Downtown Cincinnati



Sign up or donate!

Join us for The American Heart Association's 50th Heart Mini and make every step count! All proceeds help advance lifesaving research, education, and programs that fight heart disease and stroke. Our nations #1 and #5 killers. Whether you're running, walking, or cheering from the sidelines, your participation will make a meaningful impact. Register today and help us celebrate 50 years of supporting heart health!

LINK: <https://www2.heart.org/site/TR/HeartWalk>