To register, visit msj.edu/student-life/family-weekend.
Schedule is subject to change. Finals schedules will be provided at check in on Friday. Registration deadline is September 21. Refunds cannot be offered after registration deadline.

Friday, September 25

MSJ 5K and Post Race Celebration (and Family Weekend Check In) | 5:00 – 9:30pm
Sponsored by Campus Activities Board and Department of Health Sciences
The Mount is hosting its second annual MSJ 5K. All are welcome to participate by registering online. Running not your thing? A Post Race Celebration will take place directly after the race at 8:00pm. All are welcome to watch the race and cheer on our participants.
*Note that MSJ 5K registration is separate from Family Weekend registration.

Saturday, September 26

Morning Yoga | 7:30 – 8:15am
Sponsored by Group Fit
Participate in a sunrise yoga session, hosted by one of the Mount’s newest student organizations.

Continental Breakfast (and Family Weekend Check In) | 8:00 – 9:00am

Bookstore Sale | 9:00am – 5:00pm
Want to give your student the perfect gift? Purchase your student a new MSJ sweatshirt for the Fall and other spirit wear items for your loved ones at 20% off! Sale is limited to one item per purchase.

City of Cincinnati Tour | 9:00 – 10:45am
Sponsored by Residence Hall Council
Join us on a guided bus tour of Cincinnati and Northern Kentucky, featuring interesting facts and historical accounts of Music Hall, Fountain Square and various Cincinnati landmarks (Tour capacity is limited. Sign up by registering online).

MSJ Cooking Show | 9:30 – 10:30am
Sponsored by AVI Food Systems
The Mount’s food service, AVI Food Systems, welcomes you to its first annual cooking show, presenting to you their favorite dishes. Samples of each dish will be provided to all in attendance.

Faculty Showcase | 11:00 – 11:50am
Learn more about the renowned scholars that make the Mount so special as they share with you their expertise. Faculty featured include:
Elizabeth Barkley, Ph.D., Professor, Department of English and Modern Languages
Jim Bodle, Ph.D., Professor, Department of Psychology
Elizabeth Murray, Ph.D., Professor, Department of Biology
BC Charles Liscombe, Ed.D., ATC, Chair and Associate Professor, Department of Athletic Training
Saturday, September 26 (cont.)

**Faculty Meet and Greet | 12:00 – 1:00pm**
Come meet and mingle with our faculty who are actively shaping the minds of our students and future leaders. Heavy hors d’oeuvres provided.

**Beer: Past, Present and Future of the Nectar of the Gods | 1:15 – 2:05pm**
*Sponsored by the Department of Biology*
The University introduced a new course this past year, BREW 101, in which students have produced award winning beers. Professor Andrew Rasmussen, Ph.D. will discuss the past, present, and future of beer in the world, in Cincinnati, and at Mount St. Joseph. Basics of beer brewing will be covered, and beer samples will be provided to attendees age 21 and up.

**Family Cornhole | 2:15 – 3:15pm**
*Sponsored by Student Government Association*
Bring your family to enjoy a West-side pastime.

**Motherhouse Tours and Tea with the Sisters of Charity | 3:30 – 5:00pm**
*Sponsored by the Sisters of Charity*
Come meet the women that helped make Mount St. Joseph University a reality. Enjoy tea, coffee, and desserts and get to know our neighbors, the Sisters of Charity. The Sisters will also take attendees on tours of the Motherhouse (Tour capacity is limited. Sign up by registering online).

**Dinner | 5:00 – 6:00pm**

**Salsa Dancing Lessons | 6:45 – 7:45pm**
* Sponsored by the Office of Diversity and Inclusion and Office of Residence Life*
Come celebrate the beginning of Hispanic Heritage Month with us by grabbing a partner and learning salsa dancing from a professional.

**MSJ Bingo | 8:00 – 9:00pm**
*Sponsored by Residence Hall Council*
Participate in a longstanding MSJ tradition, in which hundreds of students participate regularly throughout the year to win gift cards and other various prizes.

Sunday, September 27

**Mass at the Motherhouse Chapel | 9:30 – 10:30am**
*Sponsored by the Sisters of Charity*
The Sisters of Charity invite all Family Weekend attendees to come to Mass in their beautiful and historic Motherhouse Chapel.

**Community Brunch | 11:00am – 1:00pm**
Join us for brunch provided by AVI Food Services., featuring fresh baked pastries, specialty egg dishes, salads and carving station. Meals can be purchased through online registration or upon arrival.