



PT Examiner

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Welcome to the inaugural issue of the Mount's *PT Examiner*! This bi-annual newsletter will be published every March and October to keep you informed about our program.

To date, the Mount's PT program has graduated 146 physical therapists who are working hard in our community and around the country!

Clinical Internship Dates

Summer 2004:

- **Internship I**
May 17-June 25
- **Internship II**
June 28-August 20

Program Changes

The Mount's MPT program began as a 4 1/2 year curriculum. Our first five classes, 1999-2003, completed this curriculum. As you may imagine this was quite an intense program! Input from students, faculty and community resulted in the decision to extend the MPT curriculum to 5 1/2 years. The current class of 2005 is the first group of students to go through this curriculum.

Although we have just started implementing the new MPT, we are again moving forward. The faculty and administration have decided to advance the program to a graduate DPT program. The class of 2007 will be the last entry level MPT class to graduate from the Mount. Freshmen enroll in a major of their choice for their undergraduate education and then apply to the graduate DPT program. The Mount's decision is aligned with the APTA's Vision 2020, whereby all PT education will be at a doctoral level by the year 2020. Currently, we are in the process of seeking approval from the Ohio Board of Regents to transition to the DPT and will then seek approval from the Higher Learning Commission. We will continue to keep you updated regarding our progress.

Clinical Education

As stated above, the Mount has changed the MPT program from a 4 1/2 year curriculum to a 5 1/2 year curriculum. This means that this year, in terms of clinical education, we have only one class of students doing clinical internships. This summer, students will be participating in inpatient acute care and outpatient orthopedic internships. The length has not changed – six weeks for the first clinical, eight weeks for the remaining three clinicals. Next summer, we will be back to full speed with two classes in the clinic. We have added nine new sites this year including facilities in Florida, Texas, Georgia, Alabama, Louisiana and Missouri, in addition to Ohio facilities in Dayton, Akron and Toledo. That brings our total to over 300 sites! We will be offering our clinical educator's workshop again in Spring 2005. Stay tuned for more information!

Faculty

We have been blessed with wonderful full-time faculty members here at the Mount. Terri Glenn, PT, PhD, and Carolyn Kisner, PT, MS, are our fearless leaders, currently sharing program director duties. Mary Romanello, PT, ATC, SCS, PhD, was involved as an adjunct at the beginning of the PT program and we are fortunate now that she has joined the faculty full time. Her teaching duties are split between the PT program and the AT program.

Ann Fritch, PT, MS, NCS, is one of the inaugural faculty members in the PT program. Ann continues to work for Cincinnati Children's Medical Center in addition to her primary teaching duties in pediatrics and neurologic rehabilitation. Ann is also currently pursuing her PhD in Health Related Sciences from Virginia Commonwealth University. Tonya Apke, MPT, OCS, our ACCE, is still making clinical miracles happen in addition to teaching clinical issues classes, keeping up regular outpatient orthopedic practice for an outpatient, private practice and going

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to school herself to get her DPT. Marsha Eifert-Mangine, PT, ATC, MEd, is an amazing resource with her dual certification and previous private practice experience. She combines her primary teaching responsibilities of administration, basic examination skills and orthopedic evaluation and treatment with her own pursuit of an EdD from the University of Cincinnati.

Lisa Dehner PT, PhD, joined the faculty three years ago and added a rich background in neuroscience research to the faculty. Lisa is responsible for teaching various foundational courses such as pathophysiology, pharmacology, and neuroscience as well as teaching the geriatrics evaluation and treatment course and continues practicing clinically in long-term care for Mercy Health Systems. Karen Holtgreffe, PT, OCS, MHS, is our newest full-time faculty member, although many of you may already remember her as a valuable adjunct professor since the start of the PT program. Karen has taken over teaching exercise physiology, acute care evaluation and treatment, and kinesiology, while pursuing her DHSc degree from the University of Indianapolis.

Two of our faculty members participated in interesting cultural and professional service missions last semester. Lisa Dehner was a part of the APTA-sponsored delegation that visited China last September. The goal of the trip was to exchange ideas about rehabilitation, the development of physical therapy in China and general perspectives on healthcare. Ann Fritch went to Swaziland, Southern Africa for the majority of last semester as a volunteer physical therapist. She worked in a hospital treating patients and lending her expertise to the healthcare team.

Our faculty has also been very busy with a variety of scholarly activities. Dr. Glenn presented an educational session at the APTA National Conference in Washington on Diabetes, Obesity and Exercise. Carolyn Kisner was a featured speaker at the APTA Regional Conference in Las Vegas last September and presented on Evidenced-Based Treatment of the Spine. Dr. Romanello presented a platform presentation on the DPT at CSM. Dr. Dehner also presented at the National Conference with an educational session on Pharmacology. Marsha Eifert-Mangine has been very busy with professional presentations including Advances in Rehabilitation of the Knee – Patellofemoral Pathomechanics Related to Symptoms: Degenerative Joint Disease and Total Knee Replacement in Minneapolis in February, 2003; Advances in Rehabilitation of the Shoulder – Anatomy of the Shoulder Evaluation of the Shoulder Complex; and Joint Mobilization Procedures for the Shoulder in Oakland in May, 2003. She also presented advances in Rehabilitation of the Foot and Ankle – Evaluation of the Foot and Ankle, Joint Mobilization Procedures for the Foot and Ankle in Philadelphia in March, 2003; at the College and High School Athlete Sports Medicine Conference on Peripheral Nerve Injuries in the UE as well as LE Malalignment related to Patellofemoral Pathologies in Cincinnati in May, 2003; Advances in Rehabilitation of the Foot and Ankle in VT in June, 2003; and at the National Conference for an educational session on Current Trends in Tendonitis Rehabilitation. In addition to her volunteer work in Swaziland, Ann Fritch continues to serve as clinical evaluator at Children’s Hospital for the AmSMART group and contributed to the publication of an article entitled “Reliability of Four Outcome Measures in Pediatric Spinal Muscle Atrophy.” Karen Holtgreffe has been involved with *Hooked on Evidence*, serves as a book reviewer and was invited to speak last fall at a regional hospital on *Cardiopulmonary Considerations in Physical Therapy*. Finally, Tonya Apke was invited to speak at the 2003 Health Alliance of Cincinnati’s Annual Clinical Education Conference. She presented on the CPI and how to handle the exceptional student.

Students

The Mount was again represented at the National Student Conclave this past year in October. We sent four students: Amy Ballman, Jessica Biedenbender, Linda Rechten, and Shannon Turner. The students had a great experience and will share their knowledge and information at a special presentation in April. Last summer, we had 20 Mount students at the March on Washington as a part of the National Conference. The students rearranged their clinicals by altering their schedules and making up time as needed to be a part of this incredible opportunity.

Our students continue to be involved with the SW Ohio District of the Ohio Physical Therapy Association by attending meetings, events and volunteering. We have a Student Physical Therapy Association (SPTA) on campus and members participate in a number of service and social events. They are planning a continuing education course in October for the Pitt-Marquette Challenge, which raises money for the PT Foundation for Physical Therapy. We will be sending out more information this summer!

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