

**College of Mount St. Joseph
Academic Exploration Program
Sample Course Schedule**

Semester 1	
Course	Credits
IDS 100 Foundations Seminar	3
PSY 103 Intro to Psychology	3
<i>These two courses make up the AEP Learning Community Cognate</i>	
COM 100 Spoken Word or COM 101 Written Word	3
LA&S Core Courses HIS, REL, BIO, MTH, ART, etc.	6
Total	15
Outside the Classroom	
"Hot Topics" seminars – What Can I Do With a Major In..., the Road to Choice, Strategies for Success, etc.	



Semester 2	
Course	Credits
CED 150 Career Exploration	1
COM 100 Spoken Word or COM 101 Written Word	3
ECO ___ or SOC 103 Intro to Sociology	3
LA&S Core Courses HIS, REL, BIO, MTH, ART, etc.	9
Total	16
Outside the Classroom	
"Hot Topics" seminars – What Can I Do With a Major In..., the Road to Choice, Strategies for Success, etc.	



Semester 3	
Course	Credits
PHI ___	3
IDS ___	3
CED 200 Leadership Development	1
LA&S Core Courses HIS, REL, BIO, MTH, ART, etc.	9
Total	16
Outside the Classroom	
Guided career networking and mentoring.	

