

## Student Investigates Need for Pro-Bono Physical Therapy Services in Cincinnati

by Pete Mosher



Allison Pirman

Instead of featuring a clinical site, this year we are bringing attention to DPT class of 2011 graduate Allison Pirman and her final internship project this past spring. Allison spent half of her final internship honing her clinical skills at Premier Physical Therapy in Evendale, Ohio. After that clinical experience, she spent several weeks completing research on pro-bono PT clinics and the feasibility of developing a free clinic affiliated with the Mount's PT Department.

**PT Examiner:** *How did you decide to investigate pro-bono PT services during your final internship?*

**Allison:** I wanted to work in a pro-bono clinic for my final internship to gain more knowledge on how it might be possible for the Mount to create one here in Cincinnati. Initially we couldn't find an internship placement in another pro-bono clinic. With the financial support of the Mount's Sister Francis Marie Thraikill Student Scholar Research Fund, I went to Houston for the Society of Student Run Free Clinics' 2011 conference, Student Run Clinics across the Continuum of Care, to gain more ideas about starting a pro-bono clinic. After the conference, I concluded it might be possible to create a model that worked for the Mount, but we still needed to do research on the community needs in Cincinnati. We realized that Price Hill is one neighborhood without very good access to PT services. We decided to do a survey on what the main health issues were that people had and what we could do to help with those issues.

**PT Examiner:** *What was the most interesting outcome of your research?*

**Allison:** Finding that the majority of people who required medical pro-bono care would also benefit from physical therapy pro-bono care. Eighty-five percent of people said they would seek pro-bono PT care after learning that many of their diagnoses could be treated by PTs. People weren't really aware of what PTs do and treat. After learning that PTs could treat the signs and symptoms listed in the survey, they were more likely to get care.

**PT Examiner:** *What did you learn about the feasibility of a pro-bono clinic affiliated with the Mount's PT Department?*

**Allison:** I believe that this has greater feasibility than I had realized. After going through the process of the research, I found that the Mount PT faculty were supportive and enthusiastic about the project. I'm happy with how much we've accomplished thus far. I visited some pro-bono clinics affiliated with other PT schools and found that the community benefit and awareness of PT services are very important for the clients they served. It also raised the morale and rapport of the student and faculty relationships. The service is really rewarding for faculty and students and is rewarding to the PT programs overall. But I've learned that this is a growing process and that it will also change over time.

**PT Examiner:** *Where are you headed with your brand-new PT career?*

**Allison:** I'm currently working at Premier Physical Therapy. I love what I'm doing there. They have a community program for patients with neurological issues and long-term patients whose insurance may have been cut-off. I also plan to continue helping the Mount develop a pro-bono clinic. I would love to spend time there, teaching students, working with the faculty, and delivering care.

*If you would like to get involved in the Mount PT Department's pro-bono clinic initiative, please contact Department Chair Karen Holtgreffe at karen\_holtgreffe@mail.msje.edu or (513) 244-3299.*

*Would you or your facility like to be featured under the next Clinical Education Spotlight? E-mail Pete Mosher at peter\_mosher@mail.msje.edu or call him at (513) 244-4697 and share why your facility's participation in our clinical education network deserves special recognition.*

## First Annual PT Book Scholarships Awarded!

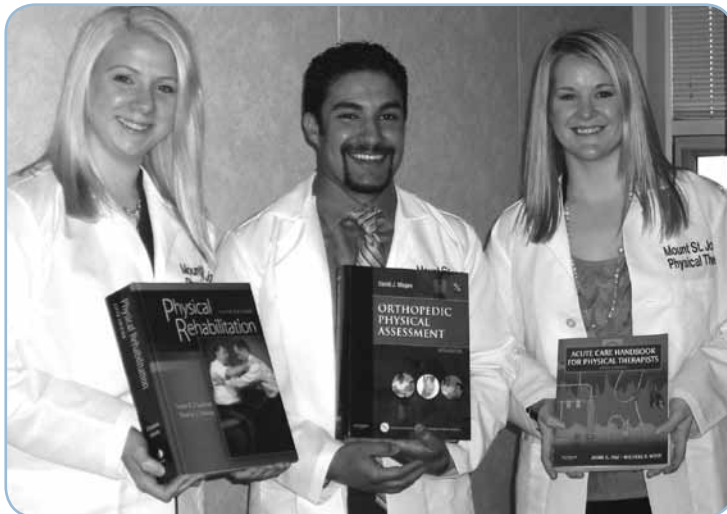
by Pete Mosher and Marsha Eifert-Mangine

After several years of publicity and fund raising, we are thrilled to report that we awarded our first PT Book Scholarships to three members of the DPT class of 2013 during their White Coat Ceremony on April 21, 2011.

Recipient Kristen Mahoney expressed her gratitude saying, "receiving the book scholarship was not only an honor, it was also extremely helpful financially when purchasing books for the upcoming year. The three books I received were not only the most expensive, but books that I will surely use throughout my practice as a physical therapist." Becoming a new father this spring, Nick Salcedo's award has special significance. "Being a working father going through graduate school is very stressful and making ends meet is a major concern for our household at this time. Receiving this scholarship helps me tremendously, not only as a student but as a provider for my family as well. These books alleviate some of the pressure and stress that is attached financially to purchase all necessary books and tools needed for my education and allows me to focus my time more on school and my family," said Nick. Finally, Abbey Soule spoke to the example that Mount PT alumni have set saying, "I very much appreciate the alumni who are giving back to our program. Their benevolence is inspiring; it is my hope in the future I am able to give back to our program as well."

Among the alumni that Abbey mentioned, a very special thanks to the MPT class of 2006 which was the most generous cohort supporting the scholarship in its first years, publisher F.A. Davis who donated some of the texts, Matt Hull (MPT 2006) and Molly (Woosley) Thomas (MPT 1999) who served on the PT Book Scholarship Committee. Much gratitude is also extended to the Mount DPT class of 2011 who has donated over \$500 with over 95% participation as their graduation class gift to the PT

Department. Their cohort has set a high standard for other classes to match ahead of the Class of 2014 Book Scholarship to be awarded in the spring of 2012. Thank you Class of 2011!



Class of 2013 PT Book Scholarship recipients (left to right) Abbey Soule, Nick Salcedo, and Kristen Mahoney pose with their copies of (left to right) *Physical Rehabilitation* (O'Sullivan and Schmitz), *Orthopedic Physical Assessment* (Magee), and *Acute Care Handbook for Physical Therapists* (Paz and West).

If you would like to contribute to the PT Book Scholarship, visit [www.msj.edu/PT-scholarship](http://www.msj.edu/PT-scholarship) and be sure to note "PT Book Scholarship" in the "Comments" section of that page. You can also contact the Mount Development Office at (800) 654-9314 ext. 4645 for more information about making your gift.

## Program Updates

by Karen Holtgrefe

**Changes in clinical education:** Due to the increased number of students in our program, we needed to make some changes in clinical education. Pete Mosher's title has changed to director of clinical education (DCE), and Joe Meyer has been promoted to assistant DCE. As an instructor and assistant DCE, Joe will spend 50% of his time helping with clinical education and 50% as professional faculty.

**New administrative assistant:** Joyce Hall joined the Division of Health Sciences as administrative assistant for the Physical Therapy and Athletic Training departments.

**Faculty changes:** Dr. Kevin Lawrence and his wife, Alice, moved to Nashville, TN. Kevin will be working at Tennessee State University. We wish Kevin and his family well. We do expect him to come back to do guest lectures and weekend courses.

Dr. Renee Loftspring decided the time was right to spend more time with her family and devote more time to developing disabled sports programs across the country.

We will be doing a comprehensive search for both positions. One of the searches will be for a new chair of physical therapy.

**New equipment:** The Health Science Division received a wonderful gift from Mercy Health Partners and Arjo-Huntley. We now have safe patient handling equipment to use to train our students before they head into the clinic: Stedy, SaraPlus, Maximize, and Maxi Air – plus previously purchased Maxislides. This wonderful gift should insure that our students will be well prepared for their internships and employment when the graduate.

**Finding faculty:** Faculty offices have moved. We're on the same floor, but further down the hall.

## 2011 Convocation and Awards

by Pete Mosher

On May 5, 2011, the PT Department hosted the third-annual DPT convocation. The convocation celebrated the many successes of our 2011 DPT graduates with speeches, ceremony, refreshments, and conversation. Our 2011 Student Award recipients included:

**Andy Gates** for **Outstanding Clinical Performance** characterized by excellence in all clinical internships as merited by the student receiving high marks at or beyond entry level in at least one clinical performance indicator during multiple internships.

**Anna Sirotn** for **Outstanding Professional Service** characterized by a sustained commitment to the physical therapy profession through service to, participation in, and leadership roles with the Student Physical Therapy Association (SPTA), Ohio Physical Therapy Association (OPTA), American Physical Therapy Association (APTA), or their affiliated organizations.

**Kathy Neff** for **Outstanding Scholastic Achievement** demonstrated by earning the cohort's highest GPA (greater than a 3.9) during her matriculation through the DPT program.



*Class of 2011 Student Awards recipients Lindsay Hammersmith (above right) for the DPT Program Award Kathy Neff (above left) for Scholastic Achievement and are all smiles at the Convocation.*

**Lindsay Hammersmith** for the **DPT Program Award** presented to a distinguished student for productivity and potential demonstrated by academic achievement, leadership, and service to the program, community, and the profession.

### Student Physical Therapy Association (SPTA)

The SPTA continues to thrive and be actively involved in the profession and the community under Dr. Kevin Lawrence's leadership. With his departure, Dr. Joe Meyer will assume the role of faculty advisor. See what activities the students have participated in:

#### Community Service:

Habitat-May in June/July Sled Hockey  
Flying Pig marathon  
Various Walk-A-thon

#### Fundraisers:

Golf tournament  
Reds & Cyclone games  
Basket raffle

#### Social:

BBQ picnic with new students  
Mentoring new students

#### Professional Development:

15 students attended the CSM meeting in Nashville.

The third-annual Mount PT Community Awards that evening recognized individuals in the community who serve as role models for physical therapy students and professionals in our local and clinical communities. The 2011 Community Award recipients were:

**Erin (Mallory) Hofmeyer, PT, DPT (MPT 2003)** as **Distinguished Physical Therapy Administrator**.

**Eric Schneider, PT, MPT (MPT 2006)** as a **Distinguished Physical Therapy Clinical Instructor**.

**Chris Chirumbolo, PT, MPT, GCS (MPT 2000)** as recipient of the **Physical Therapy Alumni Leader**. Chris also imparted his wisdom and experience on our graduates and their guests with his Convocation keynote speech "The Next Step."

*If you have a classmate, friend, or colleague that you feel deserves a PT Community Award, please visit [www.msjs.edu/PT-awards](http://www.msjs.edu/PT-awards). You will find nomination categories, criteria, and instructions on the website with a 2012 PT Community Award nomination deadline of March 1, 2012.*

### Highlight

by Karen Holtgrefe

The nursing lab was renovated last year and they received several new pieces of equipment which the PT program is also using. One such item is SimMan3G, a high fidelity mannequin. The students can see a monitor for the "patient" and see changes in ECG while palpating the changes in the pulse; they can listen to breath sounds, and many other things. In the spring, students in PT 715: Acute Care and Cardiopulmonary had the first PT experience with a patient with breathing difficulties. If they reacted appropriately in caring for the patient, his condition improved. As you can see, the first group was very successful.



*Katie Brockman, Kara Stewart, "Joe," Dr Karen Holtgrefe, Sara Dietz, and Kelly Albers*

*This fall we will be inviting our local PT clinicians to see this new space and the high fidelity simulation so you can see how we are educating our students and your future colleagues. If you have any questions, please contact Karen Holtgrefe at 513-244-3299.*

### **Pete Mosher, DPT, PT, OCS, DCE**

Pete, Eileen, and Adah Mosher welcomed into the world 8 pound, 9.5 ounce baby boy, Eamon Joseph on April, 28, 2011.

Pete Mosher facilitated "Collaboration in Clinical Education" on November 17, 2010. The pre-conference course for leading regional clinical educators took place in collaboration with the Ohio Kentucky Consortium of Physical Therapy Programs' fall continuing education conference.

January 2011 was nominated for the Emerging Leader Award for the Ohio Physical Therapy Association.

Attended the Education Sections Educational Leadership Conference in San Antonio, TX, in October 2010.

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### **Joe Meyer, DPT, PT, GCS, assistant DCE**

Passed the certification exam and earned APTA ABPTS Geriatric Specialist Certification in July 2011.

On a personal note, he and his wife, Maria, are expecting their first child in February.

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### **Marsha Eifert-Mangine, EdD, PT, ATC**

#### **SERVICE ACTIVITIES**

Volunteer Cincinnati Ice Breakers – Development of an "Off-ice" training program for participants in the Cincinnati Ice Breakers sled hockey program, October 2010

Volunteer WSSEI – Medical Support for World Saddle Seat Equestrian Invitational Team, Competition in Paryes, South Africa, December 2-5, 2010

Scoliosis Screens – (organizer of multi school event) St. Paul School, Florence; Beechwood School, Ft. Mitchell; and St. Joseph School Crescent Springs, March 2011

St. Henry District High School – Career Day and Job Fair Presenter, March 2011

#### **PRESENTATIONS**

Current Concepts in Management of the Injured Athlete – The Knee and Shoulder  
August 2010, Los Angeles, CA  
Topic: Elbow Pathologies in the Throwing Athlete

Management of the Foot and Ankle  
January 2011, Chicago, IL  
February 2011, Denver, CO  
March 2011, Mt. Vernon, IL

Topics: Review of Anatomy and Biomechanics of the Foot and Ankle Complex, Effects of Lower Extremity Alignment on Lower Extremity Pathology, Management of Lower Extremity Pathology with Orthotics (including Orthotics lab), Ankle and Foot Fractures and Rehabilitation of Hypomobility (with mobilization lab)

Management of the Complex Knee Patient

May, 2011, Orlando, FL

June 24-25, 2011, Charlotte, NC

Topics: Patellofemoral Classification and Evaluation, Effects of Lower Extremity Alignment on Lower Extremity Pathology, Management of the Osteoarthritic Knee Patient: Including TKA

Current Concepts in Sports Medicine

July 15-17, 2011, Philadelphia, PA

Topics: Elbow Pathologies in the Throwing Athlete, Effects of Lower Extremity Alignment on Lower Extremity Pathology

2011 College and High School Athlete Sports Medicine Conference

July 22-23, 2011, Cincinnati, OH

Topic: Effects of Lower Extremity Alignment on Patellofemoral Pathology

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### **Lisa Dehner, PhD, PT**

Published the following chapter: Complementary and Alternative Medications. In: Gladson, B., ed. Pharmacology for Physical Therapists, 2<sup>nd</sup> Ed. St. Louis, MO: Elsevier; 2010: 448-477.

January 2011 – nominated for the Ohio Physical Therapist of the Year Award through the Ohio Physical Therapy Association

Presented at the World Congress of Physical Therapy: Best Practice for Patients with Cardiovascular Disorders in Amsterdam, Holland on June 21, 2011

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### **Adrick Ceasar**

Presenter, Restoring Haiti, Creative Writing: Poetry Workshop ENG 370 & 371, College of Mount St. Joseph, Cincinnati, Ohio, February 2011

Panelist, Haiti One Year Later, Mission and Ministry Lunch and Ponder, College of Mount St. Joseph, Cincinnati, Ohio, February 2011

Panelist, The Issue of Health in Haiti, Earth-Aid Finland Seminar: A Chance for the Better, Helsinki, Finland, December 2010

Lecturer, Pediatric Sports Medicine and Orthopedics: Special Considerations for Child and Adolescent Athletes, University of Kentucky Physical Therapy Program, Lexington, Kentucky, October 2010

Panelist, The Culture of Disability (Diversity and Disability Awareness Week), College of Mount St. Joseph, Cincinnati, Ohio, September 2010

Presenter, Avoiding Shoulder Pain at the Gym. FitWorks, Cincinnati, Ohio, August 2010

Harrison (Ceasar), A., Ford, K., Myer, G., & Hewett, T. (2011). Sex differences in force attenuation: a clinical assessment of single-leg hop performance on a portable force plate. *British Journal of Sports Medicine*; 45(3): 198-202.

**Karen Holtgreffe, DHS, PT, OCS**

Attended the 2010 Annual Conference and Exposition of the APTA in Boston, MA, in June 2010.

Presented at Miami Valley Hospital on DVT: the Pathophysiology, Management, and Evidence for Mobilization and Physical Therapy in Sept 2010.

Attended the Education Sections Educational Leadership conference in San Antonio, TX, in October 2010.

Publication: Gorman SL, Wruble Hakim E, Johnson W, et al. Nationwide acute care physical therapist practice analysis identifies knowledge, skills, and behaviors that reflect acute care practice. *Phys Ther.* 2010;90:1453-1467.

Poster presentation at OPTA Annual conference in April 2011 titled: Factors Affecting Functional Mobility and Discharge Planning of Patients Status Post Total Knee or Hip Arthroplasty: a Prospective Chart Review. This presentation was in collaboration with the physical therapy department at Good Samaritan Hospital in Cincinnati, OH.

Presented with Lisa Dehner for Miami Valley Hospital on Management of Patients with Cardiac Disorders in April 2011.

Presented with Lisa Dehner at the World Congress of Physical Therapy: Best Practice for Patients with Cardiovascular Disorders in Amsterdam, Holland on June 21, 2011.



*Marsha Eifert-Mangine (faculty) with community award winner and alumna Erin Hofmeyer*



*Marsha Eifert-Mangine (faculty) community award winner and alumnus Eric Schneider*



*Marsha Eifert-Mangine (faculty) with community award winner, alumnus, and keynote speaker Chris Chirumbolo*



*Class of 2011 Convocation Ceremony*



*White coat ceremony for class of 2013.*



*Dr. Karen Holtgreve (left) leads the debriefing after completion of simulation.*



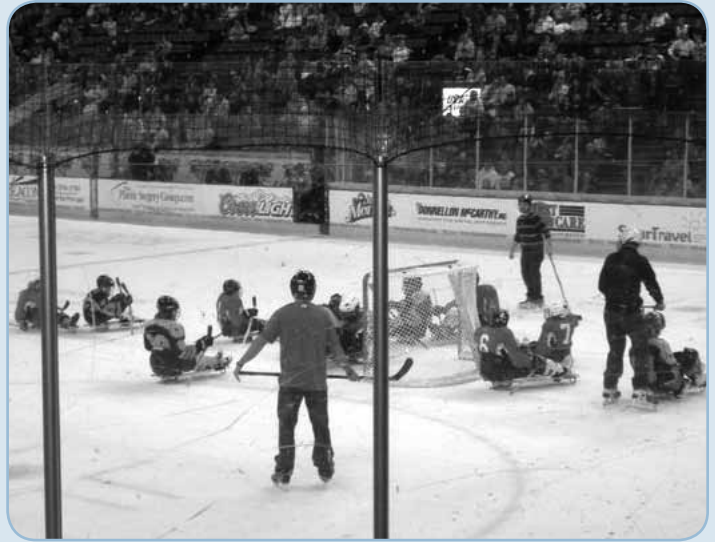
*Class of 2012 last class on campus before departing for their internships.*



*The class of 2012 surrounds Dr. Kevin Lawrence at his going away picnic.*



*Joe Meyer, assistant DCE and instructor, is working the controls for simulation scenario in the Acute Care class.*



*Cincinnati Icebreakers Sled Hockey*



*Dr. Lisa Dehner and Dr. Karen Holtgreffe at their presentation at the World Congress of Physical Therapy Presentation in Amsterdam June 2011.*



*Dr. Marsha Eifert-Mangine treating a horse.*



*Allie Simendinger, Molly Fugate, Ashley Korfel, Sasha Oksengendler, Vanessa Pine, and Marie Henkel at CSM in Nashville.*